

May 2024

CONGREGANT MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Meals are Served with 1% Milk, Fruit, Bread		5.1 Moroccan Salmon, Pearled Barley, Sauteed String Beans	5.2 Beef Meatballs, Pasta, Cole Slaw	5.3 Baked Chicken or Gefilte Fish, Potato Kugel, Sauteed Zucchini
5.6 Sesame Chicken, Veg Lo Mein, Prince Edward Blend Veg	5.7 Roasted Turkey Breast, Baked Sweet Potato, Mixed Vegetables	5.8 SOUP, Chickpea Curry w/ Eggplant, White Rice, Pita Bread, Tossed Salad	5.9 Breaded White Fish Fillet w/ Lemon+Dill Sauce, Macaroni Salad, Dinner Roll, Carrot Salad	5.10 *Mother Day Celebration* SOUP, BBQ Chicken or Gefilte Fish, Potato Blintzes, Cole Slaw, DESSERT
5.13 *Israeli Day Celebration* SOUP, Shawarma, Pita, Israeli Salad w/ Tihini Dressing, DESSERT	5.14 Salmon w/ Lemon, Roasted Eggplant, Cous Cous, Dinner Roll	5.15 SOUP, Bean Tacos (Beans and Tortillas), White Rice, Corn Salad	5.16 Baked Breaded Chicken Cutlet, Roasted Potato, Cucumber Salad	5.17 Italian Roast Chicken or Gefilte Fish, Noodle Kugel, Spiced Mixed Vegetables
5.20 SOUP, Veg Stuffed Cabbage, Mashed Potato, Green Beans	5.21 Chicken Cacciatore, Orzo, Garlic Bread, Roasted Eggplant	5.22 Beef Meatloaf, Mashed Potato, Sauteed String Beans	5.23 White Fish Fillet on Bun, Tartar, Israeli Salad, Macaroni Salad	5.24 Teriyaki Chicken Breast or Gefilte Fish, Savory Kugel, Mushrooms
5.27 *Memorial Day Special Menu* SOUP, 2 Hotdogs, 2 Buns, Potato Salad, Macaroni Salad, DESSERT	5.28 Roast Beef, Potato Salad, Seedless Rye Bread, Cole Slaw	5.29 Roasted Turkey Breast, Mashed Sweet Potato, Roasted Green Beans	5.30 Lemon Salmon, Rice Pilaf, Dinner Roll, Sauteed Zucchini	5.31 Roasted Chicken Legs or Gefilte Fish, apple Noodle Kugel, Carrot Salad

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5 月會眾菜單

週一	週二	週三	週四	週五
所有餐點均附 1% 牛奶、水果、麵包		5.1 摩洛哥鮭魚、珍珠大麥、炒四季豆	5.2 牛肉丸、義大利麵、涼拌高麗菜	5.3 烤雞或冻魚、馬鈴薯塊、炒櫛瓜
5.6 芝麻雞、素撈麵、混合素菜	5.7 烤火雞胸肉、烤地瓜、什錦蔬菜	5.8 湯、鷹嘴豆咖哩茄子、白飯、皮塔麵包、拌沙拉	5.9 麵包屑白魚片佐檸檬+蒔蘿醬、通心粉沙拉、晚餐捲、胡蘿蔔沙拉	5.10 *母親節慶祝活動*湯、燒烤雞或冻魚、馬鈴薯薄餅、涼拌高麗菜、甜點
5.13 *以色列日慶祝活動*湯、鸡肉沙瓦瑪、皮塔餅、以色列沙拉佐 Tihini 醬、甜點	5.14 鮭魚佐檸檬、烤茄子、蒸粗麥粉、晚餐卷	5.15 湯、豆玉米餅（豆類和玉米餅）、白飯、玉米沙拉	5.16 烤麵包雞排、烤馬鈴薯、小黃瓜沙拉	5.17 義大利烤雞或冻魚、麵條、五香什錦蔬菜
5.20 湯、蔬菜包心菜、馬鈴薯泥、青豆	5.21 雞肉夾心菜、米粒、大蒜麵包、烤茄子	5.22 牛肉餅、馬鈴薯泥、炒四季豆	5.23 白魚片麵包、韃靼、以色列沙拉、通心粉沙拉	5.24 照燒雞胸肉或冻魚、马铃薯布丁、蘑菇
5.27 *陣亡將士紀念日特別菜單*湯、2 個熱狗、2 個麵包、馬鈴薯沙拉、通心粉沙拉、甜點	5.28 烤牛肉、馬鈴薯沙拉、無籽黑麥麵包、涼拌高麗菜	5.29 烤火雞胸肉、地瓜泥、烤青豆	5.30 檸檬鮭魚、抓飯、晚餐捲、炒西葫蘆	5.31 烤雞腿或冻魚、蘋果麵條、胡蘿蔔沙拉

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